

# FARMERS' WIVES TELL WHAT THEY KNOW ABOUT PE-RU

Peruna Is Used In the Farmer's Home for all Sorts of Catarrhal Affections.



Indigestion and Nervousness.

Mrs. Lenora Bodenhamer, R. F. D. 1, Box 96, Kernersville, North Carolina, writes the following letter to The Peruna Drug Manufacturing Company:

"I suffered with stomach trouble and indigestion for some time, and nothing that I ate agreed with me.

"I was very nervous and experienced a continual feeling of uneasiness and fear.

"I took medicine from the doctor, but it did me no good. I found in one of your Peruna books a description of my symptoms. I then wrote to Dr. Hartman for advice. He said I had catarrh of the stomach.

"I took Peruna and Manalin and followed his directions and can now say that I feel as well as I ever did.

"I hope that all who are afflicted with the same symptoms will take Peruna, as it has certainly cured me."



Mrs. Magdalena Winkler.

Now Perfectly Healthy.

Mrs. Magdalena Winkler, Route 5, Westminster, Md., writes: "I thank you very much for your advice. I can safely say that Peruna and Manalin have saved my life.

"When I wrote to you the first time, asking your advice, my condition was so poor that I did not expect to live through the winter, but now I am perfectly healthy.

"I cannot praise your medicine enough, and I recommend it to others."

Catarrh of Stomach.

Mrs. Mary Allen, Route 6, Franklin, Tenn., writes:

"I am glad to be able to tell you that I am well of catarrh of the stomach, for which I am sincerely thankful to you for your advice. If it had not been for Peruna I would never have been well.

"I had three physicians. One of them told my husband that he could not cure me.

"I had been sick about nine months when a friend asked me to try Peruna to gratify her; so I commenced taking it.

"I can eat and walk and work. Everybody says I look as well as I ever did. "Oh, you don't know how thankful I do feel to you.

"I have got several other people to take Peruna. I praise it to everybody."

For Children's Colds.

Mrs. Henry Martin, La Motte, Ia., R. R. No. 1, writes:

"After suffering for some time with sore eyes I was advised by a friend to try Peruna, which I did at once.

"The first bottle relieved me, and after using four bottles I was entirely cured.

"I do recommend Peruna to all who are afflicted with catarrh. I have found it to be a great remedy also for coughs and colds of children; a dose at bedtime will relieve them from coughing all night. I always keep it on hand, and recommend it."

Catarrh for Seven Years.

Mrs. T. Frech, R. R. No. 1, Hickory Point, Tenn., writes: "I am happy to tell you that I am cured of catarrh. I have followed your good and kind advice faithfully. I bless the day when I wrote you of my condition, and I will always praise Peruna. I think it is one of the greatest medicines on earth.

"Having been afflicted with catarrh and stomach trouble for seven years, and after having tried four different doctors they only relieved me for a little while. I gave up all hope of being cured. I only weighed one hundred and thirty pounds, and was so weak I could hardly get around the room.

"I was induced to try Peruna, and to my great surprise I am now entirely well. My weight is now one hundred and eighty-eight pounds, my health never was better in my life, I shall always praise Dr. Hartman and his remedies."

Mrs. Henry Martin.

Mrs. Anna Linder.



The Farmer's Wife.

Who is in a better position to know than the farmer's wife herself what is required in the farmer's home? She must meet its troubles, solve its problems, ward off disease, nurse the sick, she must do all these things herself, and she learns by valuable experience what is best and what is not best.

In numberless farm homes Peruna is relied upon as the family medicine. Peruna books are consulted in health and disease. Peruna is used as a preventive as well as a corrective in disease.

The wives of the farmers of the United States constitute a solid phalanx in favor of Peruna. Against this testimony the slanders of a few critics will not prevail. One sensible mistress of a farm home who has used Peruna knows more about Peruna than all the magazine critics in the world.

Peruna in Her Home.

Mrs. Anna Linder, R. F. D. No. 5, Dassel, Meeker Co., Minn., writes: "For two years I suffered with that terrible disease, chronic catarrh.

"Fortunately I saw your advertisement in my paper and I spoke to my sister about your medicine. She wrote to you and I got your advice free of charge. I took Peruna and am well and a mother

of two children.

"I owe it all to Peruna. I would not be without that great tonic for ten times its cost, for I am well and strong now, and cannot speak in too high terms of its value as a medicine."

In a letter dated June 12, 1906, Mrs. Linder writes: "I cannot express my thanks enough to you for all the good your medicine has done for me and my family."



Mrs. Hettie Green.

This spring I took cold and it settled in my kidneys. At first I thought it was kidney trouble.

"I took Peruna as directed on the bottle and in a few days I was all right, so I owe my health to Dr. Hartman and his remedy."

Miserable With Catarrh.

Mrs. Hettie Green, R. R. 6, Iuka, Ill., writes: "Last November I had catarrh, and felt so miserable, I thought that I would go into consumption.

"I tried so many doctors and medicines, but nothing did me any good, only Peruna.

"After I began the use of Peruna I began to improve in every way."

"My head does not hurt so much, my stomach is all right, my bowels are regular, my appetite good, my complexion clear, my eyes are bright, and I am gaining in flesh and strength."

"I think Peruna has no equal as a catarrh remedy."



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"O love, if thou must go," the woman cried, With trembling lips and lashes blindly wet, "Take what thou wilt from out my life beside, But leave with me the power to forget."

"I grant thy wish, and go," Love softly said, And smiled to see the rapture in her eyes, As swift she turned—she whose poor heart had bled— To find again youth's golden paradise.

But soon she sought the path where Love had fled, And cried to him, "One plea I make again: Grant not that I forget, but give instead Full memory of thy touch, With all its pain!" —Gertrude Lewis Wheelock.

## AFTER THE BATTLE.

The battle of the primaries is over. Sore spots? A few, of course. Defeats? Certainly. Disappointments? Inevitable. Surprises? They always come.

But one thing is certain in Umatilla county: there are no soreheads. Everybody accepts the people's choice as final and submits without

a whimper to the official count.

The primary law is the greatest instrument of clean government that has ever been placed in the hands of citizenship. It is the finest disinfectant for corrupt politics and ring rule that has ever been concocted by the political doctors and the people have shown their appreciation of it by a liberal use of it in the state of Oregon.

While at this writing it is impossible to give exact figures, yet enough is known to warrant the assertion that clean government and good judgment have won the day. The people have exerted their political energy and the result is satisfactory.

Oregon will never recede from the advance ground she has taken. The popular election of United States senators has come to stay. The people have had enough of a senate composed of men who have bought their way in.

Now let us have no more quibbling about statement No. 1. Let us enact it into law at the general election in June and make it compulsory for a legislator to vote for the people's choice and elect the senator in 40 minutes hereafter, leaving the other 39 days, 23 hours and 20 minutes of the session for the service of the people.

## KNOCKERS.

The East Oregonian has heard a number of owners of small residence properties knocking the town because they cannot sell for an exorbitant price. Instead of this being a bad sign it is an exceedingly good sign.

People will not be grafted any more as in former days. They will not pay \$1000 to \$1500 for a \$400 shack; neither will they pay \$20 per month rent for an \$8 per month house. They are too sensible and too independent to submit to any of the former extortions practiced in the city and this is a most healthful sign.

Good residence property is worth just as much today as ever. Good houses are scarce and rent for just as much as ever, but the day of the high priced shack is past.

The city is getting upon a permanent and stable basis and the sooner people adjust themselves to the condition the better. It is no longer possible anywhere in the west to get rich in a few months from exorbitant prices of real estate in the towns. Legitimate investment is just as

profitable today as it ever was, but the day is past when a man can stick up a \$200 shack and unload it next day upon a tenderfoot for \$1000 or \$1200. This is the class of investment that has been killed and it is a good thing for the town. It is a wildcat real estate business and is just as reprehensible as any other form of wildcatting.

When you hear a knocker of this kind at work you may know that his game has been discovered by the people and naturally he is "sore."

## GOOD SIGNS IN CONGRESS.

The refusal of the house to consider the infamous Aldrich currency bill and its temporary death by laying upon the table will be welcomed by the people at large.

This infamous measure, it seems, is a scheme of "the interests" to enable the same old gang to handle and manipulate the finances of the country. The panic of last fall was brought on by half a dozen men, over night, and this measure not only reserves this power to a few men by giving them control of the banking and exchange medium of the country, but it gives these same men the use of the people's money at a low rate of interest.

An amendment was injected by "the interests" Friday making the rate of interest which the bankers should pay the government for use of "emergency" money three per cent in place of six. This emergency money would be loaned to the needy patrons of Wall street at from 12 to 20 per cent as the "emergency" might warrant.

Thus would the few financial pirates of Wall street be enabled to control the reserve funds of the government and private bank circulation also, holding the country at large by the throat while the pirates exacted their tribute. Instead of avoiding future one-man panics this Aldrich bill makes them all the more certain by turning over the financial blood of the nation to "the interests."

It is a good sign to see he house kill this measure. Nothing is expected from the United States senate, under its present make-up, but treachery to the people. It is a club of millionaires, ready to do the bidding of the corporations. Take out half a score of senators and that body is the most corrupt legislative body on earth today.

It would place the people absolutely at the mercy of the financial pirates at any time the pirates say so, as shown by its willingness to pass the Aldrich bill which the house, elected by the people, immediately killed, because of the dangerous power it conferred upon a few manipulators of the country's finances.

Henry Watterson, of the Louisville Courier-Journal, calling at the White House a week or so ago, told Mr. Roosevelt that he had been personally acquainted during their incumbency, with all the presidents of the United States since John Quincy Adams, and that he knew Adams after he retired from the presidency. Andrew Jackson succeeded John Quincy Adams and served from 1829 to 1837, retiring 71 years ago. Mr. Watterson convicts himself of being an old man.

Pendleton won two important school victories yesterday afternoon and last evening, when the high school track team defeated Pearson academy and Pendleton academy defeated Tualith academy in a debating contest. Everything is coming Pendleton's way.

## MILLION-POINT CARD GAME.

A card game that has been going on for seven years, and is expected to last five years longer, is in progress in Des Moines, Ia. It is a game of cribbage for a million points between Colonel J. C. Loper and Milo Ward on one side, and Dr. W. N. Heaton and Samuel Neidig on the other. They are all prominent business men and cribbage enthusiasts.

The game began seven years ago at the suggestion of Colonel Loper. The players have met either Monday or Saturday of each week. Up to date, the Washington Star reports, four series of 100,000 points each have been played and the fifth is now under way. Loper and Ward won the first four series. The score on the fifth is now 60,234 to 60,000 in favor of Loper and Ward.

## NOT EVEN THEN.

A young policeman, fresh from Scotland, was on duty, and had instructions to stop the traffic, as royalty was expected. A lady who was unceremoniously "held up" on her way to the opera put her head out of the window and called to the constable to let her carriage pass.

"I cannot do it, ma'am," the policeman said. "But I'm the wife of a cabinet minister."

"I cannot help that, ma'am. I could not let you pass if you were the wife of a Presbyterian minister." —Tit-bits.

## WHAT ELECTRIC LINES DO.

What electric lines will do for Umatilla county is shown by the following item from the Delinicator:

The extension of the trolley systems into the rural districts has quickened life on the farm to a sense of needed improvements that the observes a writer in Delinicator for there is not a mortgage written over the doorway of the house to the exclusion of all other expenditures, observes a rider in the Delinicator for January, the farmhouse, in the year when the crops are good, now gets a bathroom instead of an organ or a new plush upholstered furniture set for the parlor.

In the cities it is an adjunct of modern living that has made the humblest tenement dweller a sharer in the luxury of the Caesars. One of the best of the gifts that inventive genius has bestowed on mortals, is the enameled iron fixtures of a hundred dollar bathroom offering all of cleanliness and comfort that more money can command.

In the wheat belt in eastern Washington many farm houses are to be found equipped with all the comforts of civilization and many of the modern sanitary appliances. The ancient farmhouse, with the stables improperly placed in relation to the well and no means of getting the water save by a laborious pump or well swee, is happily obsolete. Progress has reached the farm and the effect is most fortunate.

## SUBMITTED TO VACCINATION.

An old Atchison colored woman who has a great many children, takes in washing and works like a slave, was called upon by a doctor and a health officer during the smallpox excitement, says the Atchison Globe, who told her she must be vaccinated. The old colored woman was good and mad. She said she had no time to stop and be sick with vaccination, and besides that, she could not spare one of her arms; that the children would starve and freeze if she could not do her laundry work.

Then the doctor said: "Well, auntie, I will vaccinate you on one of your lower limbs." "No, sree," said the auntie, "I can't spare one of my legs either." Then the doctor said kindly: "Well, what spot could you spare, because you must be vaccinated." The old colored woman thought and thought, and finally said slowly: "Well, Lord knows, I don't never get no chance to sit down."

## DON'T ECONOMIZE.

By omitting your luncheon, for the body needs nourishment, and without it the health may be permanently injured.

By refusing to take a cab when caught in a shower. The price of a cab is much less than that of a new hat and gown.

By attempting to overwork yourself. No one can do more work under these

circumstances, and the result is often an attack of typhoid fever.

By walking home after a busy day on your feet. Rather walk to the shop or place of business when fresh and untired and ride home at night when fatigued.

By riding in a car to a distant market in order to save five cents on butter and eggs.

By purchasing an article you don't want simply because it happens to be cheap.—Washington Times.

## SEND GIRL TO CONGRESS.

Rev. Roach Stratton, a humble clergyman of Baltimore, won the first prize of \$1000 for the best article on Oregon.

Miss Matceel Howe, a girl of Portland, won the second prize of \$500.

Hon. T. T. Geer, formerly editor of the Pendleton Tribune, and now a candidate for United States representative, won the magnificent sum of \$25; and a like sum was given to 10 others.

If the law of the survival of the fittest counts for anything, better send the preacher or girl to congress. —Hood River News Letter.

## AT THE SIGN OF BLIND CUPID.

When blushing cheeks and downcast eyes

Set all the heart aflame,

When love within the dimple lies,

And constancy's name,

Since every lass is passing fair,

Cupid must fly and see;

And, lightly flitting here and there

A winged boy is he.

When creeping years steal on apace

And youth and vigor go,

When time with wrinkles marks the face

And streaks the hair with snow;

Ah, then no winged boy is he;

But strong-limbed and complete,

With blinded eyes that need not see,

Since memory guides his feet.

—Walter Learned.

Failure is always eager for a return match.

## WASHING WITHOUT WATER

Is Like Trying to Get Rid of Dandruff Without Herpetide.

Did you ever see any one trying to wash themselves without soap or water?

If you did what would you say of him?

It is every bit as foolish to try to get rid of dandruff and to prevent baldness by feeding the germs which cause it, with Castor-oil, Vaseline, Glycerine and similar substances which form the principal ingredients of most so-called Hair Vigors.

Newborn's Herpetide is a powerful germ-killer which feeds on the hair roots. It is the original and only reliable scalp germicide manufactured and sold by leading druggists.

Send for sample to The Herpetide Co., Detroit, Mich.

Two sizes—50 cents and \$1.00.

A. C. KOEPPEN & BROS.